



## Evangelical Christian School

### January 2019 Menu

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b> 3-Jan	<b>FRIDAY</b> 4-Jan
			Blackend Chicken Pasta Broccoli w/Cheese Carrot Souffle Rolls or Garlic Bread	Chicken Tenders Macaroni and Cheese Green Beans Roll or Garlic Bread
<b>MONDAY</b> 7-Jan	<b>TUESDAY</b> 8-Jan	<b>WEDNESDAY</b> 9-Jan	<b>THURSDAY</b> 10-Jan	<b>FRIDAY</b> 11-Jan
Chicken Quesadilla Nachos Mexican Rice	Pizza Penne w/Alfredo Sauce or Marinara sauce Garlic Breadsticks w/Sauce	Italian Chicken Breast Steamed Broccoli Buttered Corn  Potato Bar	Chicken Alfredo Garden Salad Sweet Peas Roll or Garlic Bread	Chicken Tenders Macaroni and Cheese Green Beans Roll or Garlic Bread
<b>MONDAY</b> 14-Jan	<b>TUESDAY</b> 15-Jan	<b>WEDNESDAY</b> 16-Jan	<b>THURSDAY</b> 17-Jan	<b>FRIDAY</b> 18-Jan
2 Beef Tacos (Soft Shell) Buttered Corn Mexican Rice	Pizza Penne w/Alfredo Sauce or Marinara sauce Garlic Breadsticks w/Sauce	Teriyaki Chicken Breast Polynesian Rice Carrot Souffle Roll or Garlic Bread  Potato Bar	Blacken Chicken Alfredo Broccoli w/Cheese Buttered Corn Roll or Garlic Bread	Chicken Tenders Macaroni and Cheese Green Beans Roll or Garlic Bread
<b>MONDAY</b> 21-Jan	<b>TUESDAY</b> 22-Jan	<b>WEDNESDAY</b> 23-Jan	<b>THURSDAY</b> 24-Jan	<b>FRIDAY</b> 25-Jan
Martin Luther King Holiday	Pizza Penne w/Alfredo Sauce or Marinara sauce Garlic Breadsticks w/Sauce	Chopped Beef Steak Mashed Potatoes w/Gravy Green Beans Roll or Garlic Bread  Potato Bar	Spicy Cajun Chicken Steamed Rice Steamed Broccoli Roll or Garlic Bread	Chicken Tenders Macaroni and Cheese Green Beans Roll or Garlic Bread
<b>MONDAY</b> 28-Jan	<b>TUESDAY</b> 29-Jan	<b>WEDNESDAY</b> 30-Jan	<b>THURSDAY</b> 31-Jan	
Chicken Quesadilla Nachos Mexican Rice	Pizza Penne w/Alfredo Sauce or Marinara sauce Garlic Breadsticks w/Sauce	Spaghetti and Meatball Garden Salad Corn on the Cob Roll or Garlic bread  Potato Bar	Chicken Tenders Macaroni and Cheese Green Beans Roll or Garlic Bread	